

APPLE BLUEBERRY MUFFIN

1 egg	1 cup buttermilk	1/4 cup salad oil
2 cup flour	1/4 cup sugar	1/8 cup packed brown sugar
1/2 tsp. soda	2 tsp. baking powder	1 tsp. salt
3/4 cup blueberries, well drained		3/4 cup apples, chopped small

Heat oven to 375 degrees. Grease 12 muffin cups. Beat egg and stir in buttermilk, oil and apple. Mix all dry ingredients till flour is moistened. Batter should be lumpy. Add the berries. Fill cups 2/3 full.

Nut—Crunch Topping

1/3 cup chopped nuts (pecans)	1/2 tsp. cinnamon	2 Tbsp. butter
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Mix together and sprinkle on top. Bake 30-35 minutes. Makes 12.